

SPIRITUAL LIFE PILLAR ENRICHMENT PLAN

Strong Pillars, Strong Families, Strong Future

Purpose

To deepen the spiritual vitality of the Family of Parishes (FoP) through shared prayer, spiritual formation, and lived holiness. The goal is to nurture discipleship and foster unity by cultivating consistent spiritual practices that awaken a sense of God's presence in every aspect of parish life.

1. Foundational Expectations

Focus Area	Expected Deliverable	Purpose
Spiritual Life Committee Established	Representatives from each parish collaborate as one Family team.	Ensures shared plans, direction and communication.
Prayer Foundation Built	Begin every Family gathering with prayer intentionally designed to reflect unity.	Models spiritual leadership and consistency.
Common Spiritual Theme for the Year	One unifying theme (e.g., "Renewed in Christ," "Radical Hospitality in Action").	Gives direction to all spiritual activities.
Spiritual Inventory or Parish Assessment	Identify what's already offered and where gaps exist.	Avoids duplication and helps target needs.
Prayer and Devotional Schedule	Family-wide calendar of devotions such as rosaries, adoration, retreats, missions, feast day celebrations, and speaker/talks.	Encourages shared participation and visibility.

2. Guiding Principles for Ongoing Operation

The Spiritual Life Pillar Committee meets once per month with follow-up as needed, ensuring each liturgical season is spiritually prepared well in advance.

Month	Focus	Core Tasks	Radical Hospitality Focus
January	Spiritual goal-setting for the year	Establish theme, schedule retreats,	"New Year, New Spirit" parish blessing service.

		and promote small group faith-sharing.	
February	Lent preparation	Organize Lenten mission, prayer opportunities, and small group studies.	Distribute “Lenten welcome kits” (prayer cards, fasting ideas).
March	Mid-Lent reflection	Encourage confession, mid-Lent evening of renewal, and gratitude journaling.	Parish prayer board for intentions.
April	Easter joy	Host post-Easter Family prayer celebration; invite inactive parishioners.	Easter prayer breakfast or testimonial sharing.
May	Marian devotion	Plan Family Rosary, procession, or Marian consecration event.	Invite youth and new families to crown Mary.
June	Reflection & rest	Review year’s activities, record best practices, plan fall retreats.	Summer faith picnic—open to all.
July	Planning ahead	Prepare Advent & Family retreat topics.	Host “Evening of Gratitude” for volunteers.
August	Fall preparation	Finalize small faith group schedules.	Welcome-back event or faith fair after Mass.
September	Kickoff season	Begin Family-wide faith series or “40 Days of Prayer.”	“Blessing of the Households” cards distributed.
October	Reflection & outreach	Prepare All Saints/All Souls; prayer vigil for renewal.	Invite families to submit names of loved ones to remember.
November	Gratitude and remembrance	Family Thanksgiving prayer service; evaluate progress.	Hospitality night of thanks for prayer leaders.
December	Advent spirituality	Promote Advent prayer groups, reflection nights, and penance services.	“Journey to Bethlehem” hospitality event.

3. Goal Progression by Year

Year 1 – Foundation & Formation

- Establish Family Spiritual Life Committee and annual prayer plan.
- Promote consistent opportunities for Adoration, Rosary, Divine Mercy and prayer.
- Introduce a Family-wide spiritual theme.
- Offer at least one Family retreat or mission each year – mini retreats/speaker engagements as well.
- Begin small “Prayer Companion” groups.

Year 2 – Collaboration & Deepening

- Create Family-wide retreat schedule and speaker rotation.
- Develop “Spiritual Mentors/Directors” or “Prayer Companions.”
- Coordinate monthly shared devotions.
- Collaborate with Liturgy and InReach Pillars.
- Launch small group faith-sharing programs
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- Train additional Lay Spiritual Leaders
- Establish Regular Witness Events – coffee, donuts, prayer and witness talks

Year 3 – Mission & Witness

- Partner with OutReach Pillar.
- Form Family of Parishes Annual Spiritual Renewal Week.
- Establish Family pilgrimage or spiritual day trip.
- Publish annual Family Spiritual Life Journal – what have we accomplished?

4. Metrics & Review

Metric	Target	Review Cycle
Attendance at Family prayer events	Gradual increase each season	Quarterly
Number of small faith-sharing groups	At least one per parish	Annual
Volunteer/leader participation	Growth in prayer leaders and retreat facilitators	Annual
Parishioner survey results on spiritual vitality	≥75% satisfaction or improvement	Annual

Inclusion of radical hospitality in events	Demonstrated at every event	Ongoing
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5. Reflection Prompts for Monthly Meetings

- How are we helping our Family of Parish parishioners encounter Christ more personally this month?
- Where are we inviting those on the margins to pray or participate?
- What has inspired us or others recently in our Family's spiritual journey?
- How can we make the next season more spiritually meaningful and welcoming?
 - What is our plan?
 - How will it be communicated to everyone in enough time for them to make plans to attend?
- What "God moments" did we witness that confirm our mission is bearing fruit?

6. Family Action Plan Template

Spiritual Life Pillar Family Action Plan Template					
Spiritual Life Task	Status (✓/X/In Progress)	Lead Person	Radical Hospitality Component	Target Date	Notes
Establish Family Spiritual Life Committee					
Conducting Spiritual Inventory across parishes					
Develop annual spiritual theme					
Schedule Family prayer and retreat events					
Create ongoing small group or mentor program					
Evaluate and report annual spiritual growth					